

Hertfordshire County Council | University of Hertfordshire

PUBLIC HEALTH MASTER CLASS

Recovery: a paradigm shift in Mental Health

Date: Tuesday 22 May 2018

Time: Refreshments and sign in from 13:00 – Event time from 13:30 - 16:00

Venue: Room E350, Hutton Hall, University of Hertfordshire, College Lane Campus, Hatfield, AL10

Chair: Dr Audrey Campbell, Principal Lecturer Mental Health University of Hertfordshire

This session is aimed at professionals working with young people and students

Speakers & Topic Areas

Dr. Audrey Campbell

Principal Lecturer Mental Health University of Hertfordshire

Dr. Audrey Campbell will be teaching about how Mental Health is now firmly placed as an issue for Public Health attention at all levels and in all areas of society and this workshop will update knowledge on some innovative and potentially far reaching developments in practice areas and in education. Key to this is helping understanding what can influence people dealing with issues in families, schools, workplaces, universities as well as health and social care environments.

Dr. Noami Hadas Lidor

Director of the School of Mental Health Rehabilitation, Ono College Israel

Dr. Noami Hadas Lidor will be explaining the course which focuses on teaching parents about cognition and mediation and the turning of experiences into a source of learning. Its purpose is to help participants develop cognitive-based communication skills; integrate theory into practice by providing caregivers with knowledge and skills traditionally held by professionals while also functioning indirectly as a support group.

Mr Rafik Hamaiza

Expert by Experience and Patient Leader

Mr Rafik Hamaiza will be talking about Mental Health Recovery, Social Inclusion and Education. Learning is generally acknowledged to be an integral part of wellbeing. This has been promoted by UH offering a number of full student scholarships to people who have had their educational experience interrupted due to mental distress. Looking at some of the changes over the four years, that it has been running and how the programme is contributing to changes in personal development and changes in practice.

Dorit Redlich Amirav

Occupational Therapist MSc Senior Lecturer, Ono college

Dorit Redlich will be discussing that hope has been recently recognized as a major factor in many health fields, particularly in the recovery journey of people with mental illnesses. During this presentation, the meaning of hope, the various definitions and different contextual models of hope will be presented.

Prof. Shula Ramon

University of Hertfordshire

Prof. Shula Ramon will discuss shared decision making between clinicians and people who use Mental Health services, which is a relatively new development, having originated in the context of physical illness. Prof Ramon will look at the place of SDM in person-centred care Mental Health.

Further information and Registration

To register, or to find further information (including **planned learning outcomes**) please visit [Recovery: a paradigm shift in Mental Health Eventbrite Page](#)

(Password: publichealth123)

Please direct any queries regarding the event to publichealth@hertfordshire.gov.uk