

Research Questions



Background

Young people living with CF are faced with the physical challenges of illness and in addition, they are segregated and isolated from each other to limit cross-infection. (2011, Consensus Document, CF Trust)

Low levels of social support have been found to be predictors of psychological problems (Roohafza et al., 2014).

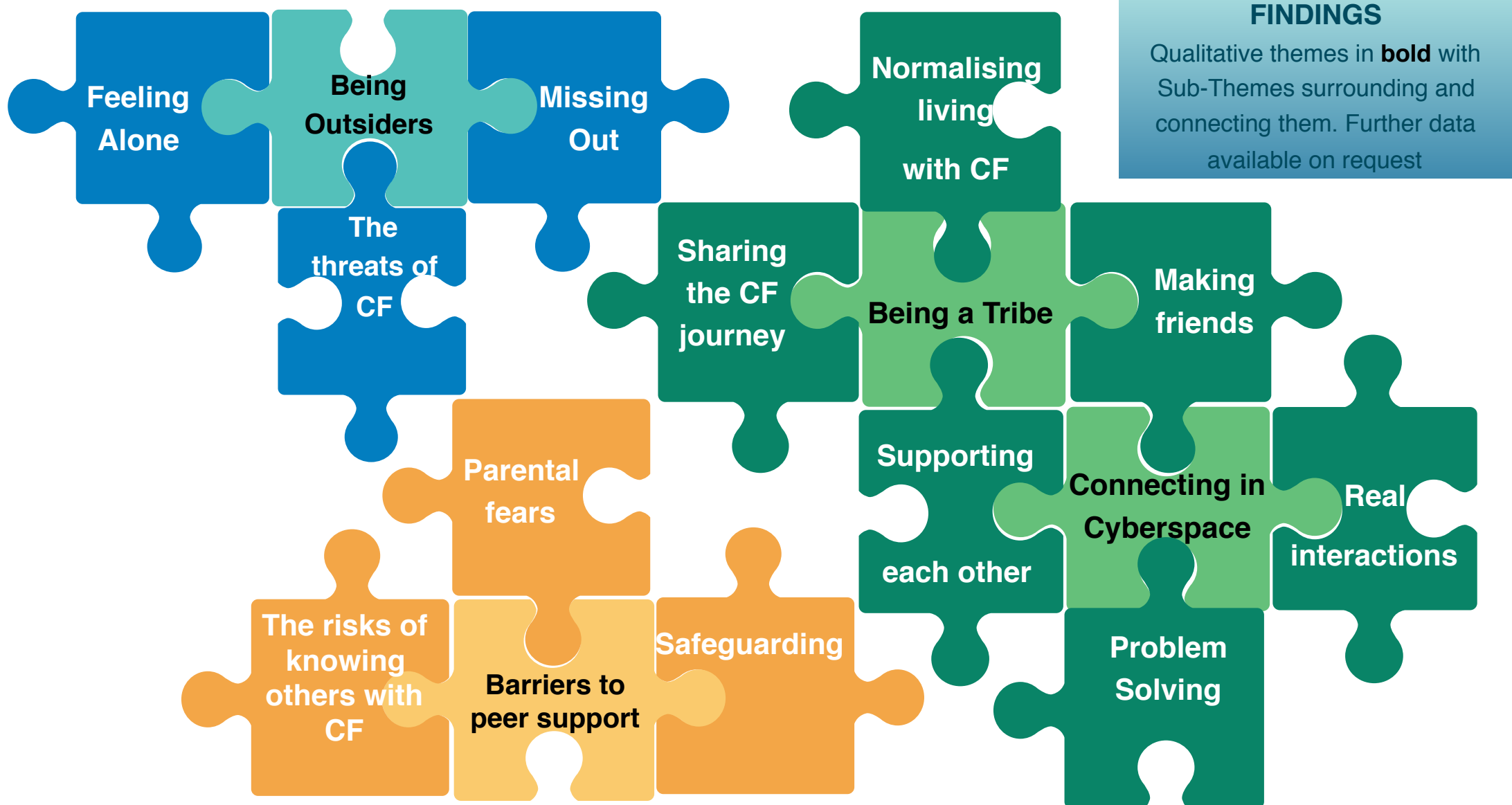
Online peer-to-peer support has been found to provide a supportive space for daily self-care that extended far beyond medical care (Kingod et al., 2017).

An extensive review of the literature has found that there are currently no peer support groups for young people living with CF in the UK.

The Value of Peer Support for Young People with Cystic Fibrosis (CF)

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FINDINGS
Qualitative themes in **bold** with Sub-Themes surrounding and connecting them. Further data available on request

Methodology:
Qualitative semi-structured interviews with health professionals working in CF in the East of England CF network.

Data Analysis:
Thematic analysis

Future Directions

- ★ Involve parents and seek their views on peer support
- ★ Develop a protocol to ensure safe virtual peer support based on parental views and organisational policies
- ★ Set up a virtual peer support trial and evaluate young people's experiences
- ★ Further info: martha.deirosollado@addenbrookes.nhs.uk

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