

Young Minds Inspiring Health & Wellbeing Research

Free event* | Wednesday 12th June | 5-8pm
Firstsite Gallery, Colchester

Join us for an evening of informal discussion about young people's health & wellbeing research. Help us to plan more engaging and innovative research' answering questions that are important to young people.'

Can you help to inspire more creative and relevant research with young people's ideas at the heart of it?



Everyone welcome, including:

- young people
- families & carers
- health & social care researchers
- health & community services and groups

Share your health & wellbeing experiences with researchers

Help researchers decide what to research in future

Find out how you can get involved in health research

Enjoy an exhibition of creative works based on health & wellbeing

Have fun & network!

Register to attend at bit.ly/NIHRYoungMinds

*If you're aged 18-25 you can also apply for a £5 travel voucher. Food and refreshments available too. For more information email crneastern.ppi@nihr.ac.uk